

project**sleep**

Join our international



March 10-12, 2017

Celebrating National Sleep Awareness Week

- ★ Challenge yourself to stay in bed for 12-48 hours
- ★ Raise awareness of sleep health and sleep disorders
- ★ Receive support and encouragement to Sleep In
- ★ Get sponsored by friends and family to benefit Project Sleep
- ★ Flood Social Media (#SleepIn2017 @Project_Sleep)

Schedule of Events:

Friday 3/10/17 @ Your Bedtime – **InstaSleepIn**

Saturday 3/11/17 @ 12noon ET – **Live Broadcast w/ Julie Flygare**

Saturday 3/11/17 @ 5pm ET – **Twitter Chat**

Sunday 3/12/17 @ 7pm ET – **REM Dance Party w/ DJ Fe**

DJ Fe is one of the hottest DJ's out of the Hudson Valley, New York area and a person with narcolepsy. She is excited to mix a special set for Sleep In 2017!

Facebook: www.facebook.com/Theoneandonlydjfe/

Instagram: [@theoneandonlydjfe](https://www.instagram.com/theoneandonlydjfe) Twitter: OfficialDJFe



Register today: www.crowdrise.com/SleepIn2017