

project[★]sleep

Join our international



March 11-13, 2016

Celebrating National Sleep Awareness Week

- ★ Challenge yourself to stay in bed for 12-48 hours
- ★ Raise awareness of sleep health and sleep disorders
- ★ Receive support and encouragement to SLEEP IN
- ★ Get sponsored by friends and family to benefit Project Sleep
- ★ Flood Social Media (#SleepIn2016 @Project_Sleep)



Register today: www.crowdrise.com/SLEEPIN2016

Details: www.project-sleep.com/SLEEPIN