JOIN THE CAMPAIGN!
SHOW THE WORLD THAT NARCOLEPSY IMPACTS PEOPLE EVERYWHERE

1. PRINT THE SIGN
Print the sign and use a thick marker to write your location like:

LOS ANGELES, CA
USA

2. TAKE YOUR PHOTO
Choose a location for your photo and snap a pic! Local monuments are great spots to show off your hometown.

3. SHARE ON SOCIAL MEDIA
Share your photo on social media using #WorldNarcolepsyDay and tagging @project_sleep. Engage with other campaign participants!

Narcolepsy is a chronic neurological condition affecting about 3 million people worldwide, yet because of low awareness, a majority of those living with the condition are currently undiagnosed. On World Narcolepsy Day (Sept. 22, 2019), get involved and raise your voice online using #WorldNarcolepsyDay.

WORLD NARCOLEPSY DAY
SEPT 22, 2019

Project Sleep is a 501(c)(3) non-profit raising awareness of sleep health and sleep disorders. We proudly partnered with 23 other patient organizations around the world to establish World Narcolepsy Day.

www.project-sleep.com/worldnarcolepsiday
#WORLD NARCOLEPSY DAY

Raising Awareness From:

PROJECT-SLEEP.COM

SEPT 22, 2019