Monday, November 13th, 2023
Phoenix Park Hotel, 520 North Capitol St. NW, Washington, DC 20001

8:00 AM - 9:00 AM   Registration & Breakfast

9:00 AM – 9:15 AM   Welcome Remarks, Julie Flygare

9:15 AM – 9:30 AM   Rising Voices Speaker, Kristyn Beecher

9:30 AM – 10:30 AM   Sleep Equity & Public Health Research Panel
- Director, Sleep and Health Research Program at the University of Arizona, Dr. Michael Grandner
- Director, National Center on Sleep Disorder Research Director, Dr. Marishka Brown
- Program Officer, National Institute of Minority Health and Health Disparities, Dr. Arielle Gillman

10:30 AM - 11:00 AM   Sleep Equity Research Spotlight
- Dr. Robert Turner, Assistant Professor of Clinical Research and Leadership, George Washington University and Julia Sauriol, B.S.

11:00 AM - 12:00 PM   Health Equity, Public Health, and Policy Panel
- National Health Council Senior Director for Health Equity, Karen Mancera-Cuevas
- Program Officer, CDC National Center for Chronic Disease Prevention and Health Promotion, Dr. Natasha Buchanan-Lunsford

12:00 PM – 1:15 PM   Lunch & Sleep Advocacy Champion Award Presentation

1:15 PM - 2:00 PM   Congressional Panel

2:00 PM - 2:30 PM   Washington Update
- Health and Medicine Counsel Managing Partner, Dane Christiansen
- Lindsay Scola, Project Sleep

2:30 PM – 2:45 PM   Break

2:45 - 4:15 PM   Stakeholder Organization Updates
- Patient advocacy organizations and professional societies leadership

5:00 - 6:30 PM   Reception at the Phoenix Park Hotel